
U.S. Representative

John Spratt

South Carolina ■ 5th District

News Release

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Chesterfield County Schools Named “State Champions”

WASHINGTON — U.S. Rep. John Spratt (D-SC) announced today that two Chesterfield County schools have been named “State Champions” by the President’s Council on Physical Fitness and Sports.

Jefferson Elementary School and Cheraw Intermediate School were selected based on their achievement in the *President’s Challenge* Physical Fitness Awards program.

The program, available to the nation’s schools since 1958, offers presidential recognition and awards for fitness to all participating young people. A range of fitness levels is offered to allow children ages six to seventeen, including those with disabilities or little interest in sports and competition, to earn recognition for physical fitness along with classmates who aspire to be top-notch athletes.

The five assessments of the *President’s Challenge* measure four components of physical fitness: a one-mile run/walk for heart and lung endurance; curl-ups for abdominal strength and endurance; a “sit and reach” stretch for muscular flexibility; pull-ups for upper body strength and endurance; and a shuttle run for agility.

The State Champion award is presented to schools with the highest number of students scoring at or about the 85th percentile on the *President’s Challenge*. In each state, three State Champion schools are selected based on total enrollment. In South Carolina, in addition to the two Chesterfield County schools, Addlestone Hebrew Academy in Charleston also won recognition.

“I commend these students for their accomplishments in fitness,” said Spratt. “They serve as examples of what dedicated teachers and enthusiastic students can do to stay fit.”

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